

Determinants of Health

1. Smiles, humour
2. Work
3. Recreation
4. Wellness of people around you
5. Income security
6. Nutrition (moose meat)
7. Coffee
8. Mobility
9. Community connection
10. Family
11. Clean water, air
12. Sunshine
13. Healthy children
14. Spirituality
15. Adequate shelter
16. Getting out on the land
17. Fitness
18. Access to good food
19. Good wine
20. Chocolate
21. Friendship
22. Music
23. Safety
24. Identity
25. Safe sex, great sex
26. Laughter
27. Future opportunities
28. Hobbies
29. Pain free
30. Self esteem
31. Sober and drug free
32. Choice, freedom

In assessing projects, what health factors need to be considered?

- Impact on social and family support networks
- Employment and working conditions
- Current overall health of a community
- The effect on air quality, water quality
- Increase in alcohol and drug abuse in the community
- Impacts on physical, emotional and spiritual health
- Interaction between human health and the environment
- Possible positive health impacts
- Effect on wild foods
- Effects on culture
- Increase in disease
- Effect on well being
- Status of community health
- Traditional lifestyle and knowledge indicators
- Income and social status
- Education
- Childhood development
- Language
- Culture
- Emotional, physical, spiritual values
- Impact on traditional foods
- Communication with first nations
- Respect for FN family circles
- Consider the history of the Yukon and it's impact on health
- Cumulative effects .Future generations
- Determine the health factors appropriate to the projec

